BREWERIES GET THEIR GAMES FACE ON, PG9

Local pg 3

Canadian ice home for Danish skater

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Celebrity Buzz

Kanye defends fashion choices

pg 18

News on the Move

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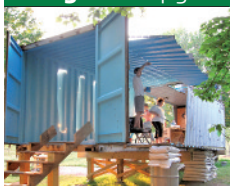
Canada pg 5

Experts fear nurses will head to U.S.

Going Green pg 10



SEED homes to the rescue

Vancouver Games

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• Today — U.S. goalie a thorn in Canada's side, page 12

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Grammys — Beyoncé

KEVIN WINTER/GETTY IMAGES

Beyoncé Knowles performs last night during the 52nd annual Grammy Awards at the Staples Center in Los Angeles. The singer broke a record for most wins by a female artist in one night. Story, pg 16

Bike lane considered for viaduct

Plan would not affect traffic

JEFF HODSON
jeff.hodson@metronews.ca

Following in the track of its successful bike-lane trial on the Burrard Street Bridge, the city is now considering a dedicated bicycle lane on the Dunsmuir Viaduct.

The two-way bike lane, which would be separated from traffic by concrete barriers, would create a strong East-West connection between the downtown and the heavily used Adanac Street bikeway to East Vancouver, said Vision Vancouver Coun. Geoff Meggs.

The beauty of the plan, he added, is that it doesn't negatively impact motorists.

One of the viaduct's three traffic lanes was cordoned off several years ago to facilitate the construction of the Spectrum/Costco development near GM Place.

The staff recommendation, which comes before council Thursday, would see existing concrete barriers shifted to the viaduct's northernmost lane from the southernmost lane — maintaining two traffic lanes into downtown. The cost of the project is $300,000.

The proposed configuration would result in a separated, four-metre-wide, bike-only lane as well as two narrow traffic lanes heading into downtown. The existing sidewalk would be unchanged.

The staff report is also looking at something that could have a large impact on traffic — how to implement separated bike lanes in the downtown peninsula.

Meggs warned that there are no easy answers downtown as separated bicycle lanes would have to come at the expense of parking spots or traffic lanes.

Hands off phones, hands on wheel as cops get serious

ENFORCEMENT The grace period is over. British Columbians caught using a handheld phone or electronic device behind the wheel will be fined $167 starting today.

Those found texting or emailing will lose an additional three penalty points.

Solicitor General Kash Heed said police gave out warnings throughout January.

In an hour-long targeted enforcement initiative on Vancouver Island, 27 drivers on the Trans-Canada Highway were spotted talking on a handheld phone. One driver who was pulled over continued to talk as the police officer approached the vehicle.

But Heed said there are signs that "people seem to be getting the message."

An ICBC study at Denman and Georgia streets last December found 116 drivers chatting away during rush hour. A survey at the same location last week found 31 drivers on their cellphones.

New Westminster resident Vera Kobalia said she's thankful for the new rules.

"My sister is a driver, and she always texts and talks on her phone. As a passenger in her car I always feel in kind of a hazardous situation."

James Walker, of Vancouver, said roads will be safer.

"People won't be fumbling, looking for their phone in their purse or in their pocket," he said. "I'm guilty of it myself, so I'm trying to make an effort."

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Local

More avalanche awareness urged

A British Columbia Coroners Service review panel is calling for greater avalanche awareness after the deaths of 19 snowmobilers last winter. The panel says modern snowmobiles are allowing riders to access more complex terrain than ever before, but that snowmobilers aren't prepared to deal with the difficult snow conditions. METRO VANCOUVER

News in brief

STABBING A 47-year-old man was stabbed to death in the elevator of a Surrey apartment building, and police have arrested several "persons of interest" in connection with the incident.

WARNING Police in Chilliwack are warning parents after an attempted child luring near Tyson and Watson roads. A girl was approached by a man wearing a green turban in a newer-model Volkswagen Jetta. She walked away and reported the incident.

MISTAKEN ID Delta police have taken over the investigation into the case of a man who was injured after Vancouver police officers knocked on the wrong door. Police Chief Const. Jim Chu has apologized to Yao Wei Wu, who has hired civil-rights lawyer Cameron Ward.

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Immigration
Guidy Mamann on the Charter of Rights and how it relates to Omar Khadr

Lotteries

Friday, Jan. 29
Lotto Max: 16, 17, 22, 24, 40, 41 & 47 Bonus 45
Extra: 11, 40, 45, 77
Saturday, Jan. 30
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SUNE JENSEN/FOR METRO VANCOUVER

Danish speedskater Cathrine Grage in Hamar, Norway, at the European championships last year.

Speedskater at home

Dane praises Canada's 'sporting community'

VANCOUVER 2010 Games

STIG NIELSEN
for Metro Vancouver

Canada has been a great host nation, according to Danish Olympic speedskater Cathrine Grage, who has been living and training in Vancouver and Calgary for six months.

While Canada was accused of not sharing the Richmond Olympic Oval ice with international skaters last March, Grage said her experience has been very different.

"I haven't had the same troubles the Americans complained about," Grage said in Danish. "I was alone, so I just walked in while the Oval was open for public speedskating and skated."

Grage, who holds Danish records at all distances, is her country's entire speedskating team. The 33-year-old receives no funding from Team Denmark and has spent the last four years training in Berlin, Holland and with the Swedish national team, but said nothing compares to the treatment she's been receiving since moving to Calgary.

"As soon as you arrive in Canada, as an athlete, you're accepted as part of a sporting community, and that's not the case everywhere else."

She is part of a group of athletes from countries without speedskating programs who are all mentored by a former Team Canada coach paid for by the University of Calgary.

She is the only one in her group who will be at the Vancouver Olympics, having qualified for the 3,000- and 5,000-metre events. She expects to finish 11th.

In less than a week, she will move in with the rest of the Danish team at the Athletes' Village.

"Some of the Canadian national team members I have sort of become friends with, but the other Danish national athletes I've never met," Grage said.

"I wish I could come back next year and keep training."

Many firsts

- Grage has set a record of 51 Danish national records over individual speedskating distances.

Film industry needs more tax incentives: Producer

KRISTEN THOMPSON
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COMPETITION British Columbia needs to offer more tax incentives to the film industry after the province lost its competitive edge to Ontario, a local producer says.

Shawn Williamson, with Burnaby-based Bright Light Pictures, said B.C. was once a leader in the film industry and already has great infrastructure established, but we're suddenly losing business to Ontario.

"Seven months ago, (since) Ontario announced its tax, we've seen a significant decline in productions in B.C.," Williamson said. "The decline has been obvious and quick."

Williamson said his company has lost four feature films and one TV series — worth around $80 million altogether — to Ontario.

Shawn Williamson

Each production provides around 150 jobs.

"We're hoping for some action from the government to level the playing field to be able to compete more equally with Ontario," he said.

Carole James, leader of the B.C. NDP, said it's important to invest in industries that will support our economy, especially in these "tough economic times."

Her party is proposing three targeted tax credits associated with the industry, including digital animation, productions services and film incentive B.C. credits. "It's critical to keep that competitive edge when it comes to (our film industry)," she said.

Russian radio station broadcasting from Vancouver during Olympics

MEDIA Moscow's leading radio station, Autoradio, will broadcast from Vancouver's AM 650 between Feb. 12 and 28.

Expected listeners will include the large Russian Olympic team, as well as the more than 60,000 Russian-Canadians in the Vancouver area.

Russia hosts the next Winter Olympic Games in Sochi in 2014.

Brad Phillips, vice-president and general manager of Astral Media Radio, said the project gives Canadian musicians exposure in Russia.

"This is a great opportunity to show our renowned Canadian hospitality. This authentic cultural exchange highlights the diversity and global unity that is at the heart of this great city of ours," Phillips said.

Autoradio and its radio personalities will broadcast from the Russian House "Sochi 2014" at Science World.

The shows will air on most days from 8 p.m. to 5 a.m.

METRO VANCOUVER

Sullivan the face of 2010 Games: New York Times
A New York Times story published this weekend says that Vancouver's former mayor, Sam Sullivan, is still the face of the Winter Olympic Games. It suggests that Sullivan's twirl with the Olympic flag strapped to his wheelchair in Turin established an enduring image witnessed by the world. METRO VANCOUVER

Torch run hits home stretch

KRISTEN THOMPSON
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The Olympic torch relay is winding down and this Friday it will go through Squamish and Whistler on the final homestretch to Vancouver.

From Whistler, the flame will head northeast to Merritt and Hope on Sunday, then will zigzag west through the Fraser Valley before hitting Vancouver City Hall on Feb. 11, a day before the opening ceremonies.

By then, it will have passed through the hands of more than 12,000 torchbearers and travelled more than 45,000 kilometres in 105 days.

"It was a thrill for me to bring the Olympic flame back from Athens onto Canadian soil, and I can't wait until the torch makes its way to Vancouver," said Mayor Gregor Robertson.

Community celebrations are taking place throughout Vancouver before the flame ends its journey at B.C. Place and is used to light the Olympic Cauldron.

The flame arrives at city hall at 2:48 p.m., then heads to LiveCity Yaletown — David Lam Park — with live entertainment and athlete appearances at 6:30 p.m. For more information on the torch route visit vancouver2010.com.

Gondola ride

- The Olympic flame will ride the gondola up to Grouse Mountain on Feb. 10.

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Olympic Oval **Flagbearer crowned**

JONATHAN HAYWARD/THE CANADIAN PRESS

Speedskater Clara Hughes of Winnipeg poses outside the Richmond Olympic Oval after being named Canada's flagbearer for the opening ceremonies of the Vancouver 2010 Winter Olympics.

News in brief

ATHLETES Thirty-five of the athletes that make up the 206 competitors on Canada's Olympic team hail from British Columbia. Homegrown Olympians include snowboarder Maëlle Ricker, snowboarder Alexa Loo and Anaheim Duck Scott Niedermayer. More than 5,500 athletes from 80 countries will be competing.

FIRST NATIONS More than 300 First Nations youth, aged 19 to 29, are gathering in Squamish in the next two weeks for the Vancouver 2010 Youth Gathering. Participants will tour Olympic venues and watch the athletes train. They will also take in cultural performances at the 2010 Aboriginal Pavilion.

RECYCLING Almost 300 high school students will help Olympic celebrators recycle at Richmond's O Zone celebration site. The students, wearing bright yellow vests, will be stationed at recycling stations and will roam the site, helping people put recyclables in the proper container.

METRO NEWS SERVICES

Winter Games merchandise a hot seller: Bay

RETAIL Perhaps nowhere in Vancouver has Olympic fever been running as high as the sales floor of the Bay's Olympic Superstore, where merchandise, particularly Canada's Olympic Team apparel, has been flying off shelves.

The big sellers: Canada hoodies, plush Quatchi dolls and those ubiquitous red mittens — which have sold more than two million pairs across the country.

"Everybody wants a piece of the Olympics," said Dana Hall, store director of the Vancouver 2010 Olympic Superstore. "This is a way that is affordable for people and a way to feel proud."

Capitalizing on nationalistic pride isn't restricted to Canadians.

The Bay is expected to launch its "international village" today. The village, located on the fifth floor of its downtown flagship store, will sell the Olympic apparel of other countries, like Italy, Russia and Finland .

JEFF HODSON/METRO VANCOUVER

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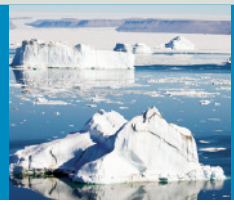
Haitian adoptees reach Canada
Another group of adoptees from earthquake-ravaged Haiti arrived in Canada Saturday, greeted by frigid Canadian temperatures. An Air Canada Airbus carried almost 60 adoptees. THE CANADIAN PRESS

Canada



Scientists to keeps ears in North

A small team of scientists is returning to the icy shores of the Northwest Passage this summer to install experimental listening devices that could one day keep a 24-hour watch for anything travelling on, over or under waters Canada claims as its own. "We're looking at surface shipping and any underwater vehicles that may be moving through the area," says Lt.-Cmdr. Bruce Grychkowski, project manager of Northern Watch.
THE CANADIAN PRESS

Wooing Taliban may backfire: Envoy

AFGHANISTAN Canada's top envoy in Afghanistan warns wooing the Taliban could backfire on coalition forces if peaceful Afghans feel put out.

William Crosbie, Canada's ambassador to Afghanistan, told reporters yesterday the gesture is pointless if others perceive the Taliban as getting a better deal.

A scheme to lure moderate militants from the insurgency's more radical elements emerged from a recent international conference in London.

The plan involves paying out hundreds of millions of dollars to low- and mid-level Talibs in the hopes they'll defect.

Jobs and vocational training to militants who lay down their arms would also be offered under the scheme. THE CANADIAN PRESS

Law Seeking to clear his name

TONY ROCK/TORSTAR NEWS SERVICE

Romeo Phillion laughs with his sister and brother after his decades-old murder conviction was overturned last year in this file photo. The Court of Appeal for Ontario ordered a new trial, but made it clear it had not concluded Phillion was innocent. He appears in Ottawa court today to ask for exoneration.

News in brief

HAITI Canada's Disaster Assistance Response Team is putting a new tool in the field in earthquake shattered Haiti. The DART will send out a mobile medical team for the first time in Haiti. In an email, Canadian Forces Major Bernard Dionne says the area has been assessed as one where many Haitians suffered injuries.
THE CANADIAN PRESS

Nursing exodus looms

U.S. health-care plan could see RNs head south: Experts

U.S. President Barack Obama's health-care package, although in political limbo, has nursing experts in Canada concerned about another exodus in their profession if provincial governments aren't vigilant in retaining nurses.

Canada will be short almost 66,000 registered nurses by 2022, says the Canadian Nurses Association. As of 2007, the country had 217,000 registered nurses delivering care but needed about 11,000 more, it added.

"We're always very concerned when we see potential of a renewed migration," said Rachel Bard, the CEO of the association.

"What is happening in the U.S. is a potential threat, because we already know that the United States is (going to be) short over 750,000 registered nurses (by 2020)."

House and Senate Democratic leaders in the U.S. are scrambling to see if they can salvage Obama's ambitious health-care plan, which Republicans almost universally oppose.

If it passes, the U.S. could embark on a renewed search for nurses, Bard said.

The country's emergence from the recession could also play into a demand south of the border for nurses. The worldwide recession has reduced inpatient admissions and decreased the demand, but Linda Aiken, a professor of nursing at the University of Pennsylvania, said her country will see a surge in the call for nurses as the economy improves.

"The U.S. Department of Labor estimates that over the next decade more jobs will be created for RNs than in any other job category," she said. THE CANADIAN PRESS

Union urges CEO wage freeze

- Hospital executives who have received "eye-popping" pay increases in recent years should have their wages frozen, a union representing hospital workers is urging the province, claiming they have got quite bloated salaries at the moment.
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U.S. to consider local opinion on where to hold terror trials

The Obama administration said yesterday it would consider local opposition when deciding where to hold Sept. 11 terror trials. Objections from New York City officials and residents have intensified since the Justice Department announced it planned to put Khalid Sheikh Mohammed and other accused Sept. 11 conspirators on trial in lower Manhattan. THE ASSOCIATED PRESS

World

From YouTube to Davos

Anti-female genital mutilation activist Julia Lalla-Maharajh, left, addressed the World Economic Forum in Davos, Switzerland, on Saturday. The British activist took her appeal against the practice online and won the YouTube Davos Debates, a contest meant to give the winner the chance to pitch their cause at the forum. THE ASSOCIATED PRESS

Women-only aid rolled out

Relief groups introduce coupons to prevent stealing

Haiti Crisis

Relief workers began handing out women-only food coupons, launching a new phase of what they hope will be less cutthroat aid distribution to ensure that families and the weak get supplies following Haiti's devastating quake.

Young men often force their way to the front of aid lines or steal from others, meaning aid doesn't reach the neediest at distribution centres, according to aid groups.

The World Food Program coupons can be turned in by women at 16 sites in the capital, and entitle each family to 25 kilograms of rice.

United Nations officials say they are still far short of reaching all two million quake victims estimated to need food aid.

Meanwhile, doctors skirted a bureaucratic logjam to save the life of three critically ill child victims of the earthquake yesterday, flying them to U.S. hospitals on a private jet to avoid a military suspension of medical evacuation flights.

A five-year-old tetanus victim, a 14-month-old boy with pneumonia and a baby with third-degree burns were sent to a Philadelphia hospital by the aid group Partners in Health.

The airlift had been in doubt after the U.S. military stopped medical evacuation flights Wednesday because of apparent concerns over the long-term costs to U.S. public hospitals of absorbing seriously injured patients.

THE ASSOCIATED PRESS

Health concerns

- Shortages of food, clean water, shelter and latrines are creating a potential spawning ground for epidemics in a country with an estimated one million people made homeless by the Jan. 12 quake.
- In one camp, a single portable toilet served about 2,000 people, forcing most to use a gutter that runs next to an area where vendors cook food and mothers struggle to bathe their children.

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ANDRES LEIGHTON/THE ASSOCIATED PRESS

An infant is carried yesterday by a girl who lives at an orphanage run by Austrian-based SOS Children's Villages in Port-au-Prince.

Uncertainty lingers after world forum

DAVOS The world's foremost gathering of business and government leaders wrapped up a five-day meeting yesterday with agreement that a fragile recovery is under way but no consensus on what's going to spur job growth and prevent another meltdown.

The World Economic Forum, which gathered some 2,500 VIPs in a Swiss resort, saw much debate on whether more regulation is needed for the financial industry and how to lower global unemployment and find ways to ensure the recovery is kept on course through 2010.

Deutsche Bank chief executive Josef Ackerman told a closing panel that decision-makers now had a tough choice: "Should we take more risk, be a creative force for growth, or should we focus on security?" THE ASSOCIATED PRESS

U.S. group held for trying to take kids across border

Haiti Crisis

PORT-AU-PRINCE Ten U.S. Baptists were being held in the Haitian capital yesterday after trying to take 33 children out of Haiti at a time of growing fears over possible child trafficking.

The church members, most from Idaho, said they were trying to rescue abandoned children.

But officials said they lacked the proper documents when they were arrested Friday night in a bus along with earthquake survivors ages two months to 12 years.

The group said it wanted to help the children by taking them to an orphanage across the border in the Dominican Republic, said the group's spokesperson, Laura Silsby, at the police headquarters in the capital, where they were being held pending a hearing today. No charges had been filed.

The group — the first known to be taken into custody since the Jan. 12 quake — put themselves in the middle of a firestorm in Haiti, where government leaders have suspended adoptions amid fears that children are more vulnerable than ever to trafficking.

THE ASSOCIATED PRESS

Fake agencies

- The intergovernmental International Organization for Migration reported in 2007 that bogus agencies in Haiti were offering children for processing fees reaching $10,000 US.

News in brief

ASSASSINATION Israeli officials said yesterday that a Hamas commander assassinated in Dubai, United Arab Emirates, played a central role in smuggling weapons from Iran to Gaza militants. But they refused to say whether Israel was responsible for killing the man it had sought for two decades. Leaders of the Iranian-backed Hamas have accused Israel of killing Mahmoud al-Mabhouh in a posh Dubai hotel Jan. 20.

THE ASSOCIATED PRESS

Notice of Family Law Action
To: Bradley Ray Burrows

Your wife, Jacqueline Anne Hoskins (formerly Burrows) has filed a Family Law Action under No. CHI-S-E-8623 in the Chilliwack Registry of the Supreme Court of British Columbia.

Your whereabouts being unknown the Court has ordered Service of the Writ of Summons, Statement of Claim and a Notice to File a Form 89 Financial Statement in this action on you by this advertisement.

In the Family Law Action the Plaintiff claims maintenance for the support of your children pursuant to both the Divorce Act and the Family Relations Act and, if you fail to deliver a Form 89 Financial Statement, she seeks an order, for child support purposes imputing income to you, of $50,000.00 per year.

If you wish to defend the action, the steps you must take are set out in the Notice endorsed on the Writ of Summons and Statement of Claim, and on the Notice endorsed on the Notice

To File a Form 89 Family Statement. A copy of the Writ of Summons and Statement of Claim together with a Notice to File a Form 91 Financial Statement will be mailed to you on request addressed to the District Registrar, Supreme Court of British Columbia, Chilliwack Registry, 46085 Old Yale Road, Chilliwack, British Columbia V7P 2L8 with a copy to the Plaintiff's lawyer at the address below.

If you do not file an Appearance in the Chilliwack Registry and take the other steps set out in the Notice endorsed on the Writ of Summons within 21 days of publication of this advertisement then you will not be entitled to any further notice, and the Plaintiff may proceed and the relief claimed maybe given in your absence.

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Beastly compensation for love tryst
A Malaysian court has ordered two lovers to pay a fine of four buffaloes and a pig after they had an illicit affair. THE ASSOCIATED PRESS

Fly me to the moon

Getting to space is about to be outsourced.

The Obama administration today will propose in its new budget spending billions of dollars to encourage private companies to build, launch and operate spacecraft for NASA and others. Uncle Sam would buy its astronauts a ride into space just like hopping in a taxi.

The idea is that getting astronauts into orbit, which NASA has been doing for 49 years, is getting to be so old hat that someone other than the government can do it.

But there's some concern about that — from former NASA officials worried about safety and from congressional leaders worried about lost jobs. Proponents of private space liken it to the infancy of airlines, which took over for the army. THE ASSOCIATED PRESS

China **The motherlode**

ZHOU KE/THE ASSOCIATED PRESS/XINHUA

A passenger hurries to catch her train in Nanchang, east China, on Saturday, the start of the traditional lunar new year. About 2.5 billion journeys will be made by festival's end, March 10.

Taliban leader suspected dead

PAKISTAN The Pakistani government was investigating reports yesterday that Pakistani Taliban leader Hakimullah Mehsud died from injuries sustained in a U.S. missile strike launched in mid-January after he helped orchestrate a deadly bombing against the CIA in Afghanistan.

THE ASSOCIATED PRESS

News in brief

RUSSIA Police broke up banned anti-Kremlin protests in Moscow and St. Petersburg yesterday and detained scores of demonstrators, including several opposition leaders.

THE ASSOCIATED PRESS

I was sick of letting my weight speak for me.
So, I picked up the phone. *Sara Rue*

I was so tired of trying and failing, of giving up and gaining all the weight back. I wanted to lose 30 pounds and realized that I couldn't do it on my own.* So I called Jenny Craig.

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Comment

Makeover adds vibe

Granville Mall enhancements are a plus for pedestrians

InTransit

Derek Moscato
dmoscato@yahoo.com

Amidst the cheerleading, the protests, and the corporate messaging, it's easy to forget that Vancouver's hosting of the 2010 Winter Olympics has been the catalyst for much-needed urban redevelopment.

This includes everything from the construction of the Canada Line to smaller progressions such as decorative lighting installations and street furniture.

The latter enhancements are part of the Granville Street makeover, which is supposed to transform the semi-grungy downtown corridor into an oasis for seekers of respectable shopping, dining and nightlife. Presumably, when the Winter Olympics get underway and Granville Mall is filled with party-goers and tourists, we will all forget the Granville of old — where the simple act of strolling meant darting out of the way of oncoming city buses, aggressive drunks and drug peddlers.

"There's no reason why a true walking mall on Granville can't be a legacy of these Games."

Of course, enhancements such as new bike racks and seating areas are just eye candy in the greater scheme of things. What's more important is the street-level experience for people who choose to stroll along the mall after a movie or concert.

The good news is that during the Olympics, the Granville Mall will become a true pedestrian-only zone. Even with finishing touches taking place up and down the street, you can get a feel for the potential here — especially in the stretch between Georgia and Robson streets, where 2010 lanterns have brought welcome colour and crowds to the neighbourhood.

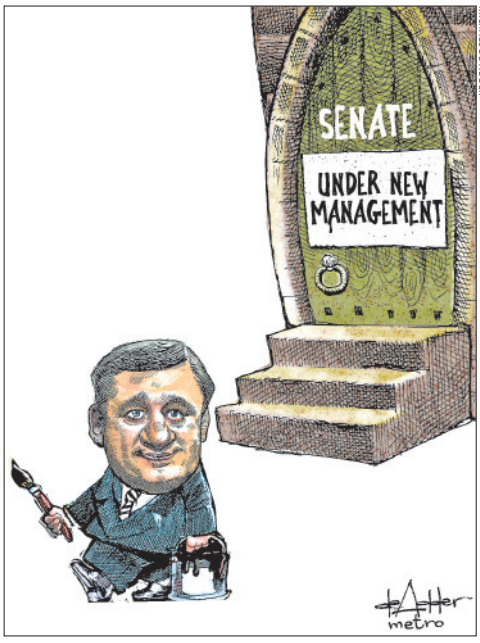
But the eventual return of trolley buses to Granville — and that is the plan — would be a bust for public art installations of this kind, not to mention the improved pedestrian vibe. And that's a shame. There's no reason why a true walking mall on Granville can't be a legacy of these Games.

•••••

Granville Street isn't the only urban destination undergoing a transformation. New Westminster's historic downtown is being cleaned up as well. Part of this effort involves densifying the areas around the city's downtown SkyTrain stations. As city Mayor Wayne Wright said last week, new residential and commercial developments adjacent to New Westminster SkyTrain Station are chasing social disorder out of the area.

The New West makeover is a testament to the power of real estate development along major transit lines — something that is done with great efficiency in major cities around the world. The plan's success should serve as a wake-up call to those Metro Vancouver communities that aren't densifying around their own transit hubs.

Derek Moscato is a writer with a focus on urban issues, transportation, architecture and economics; dmoscato@yahoo.com.



MICHAEL DE ADDER

Views

Big Moments change your life forever

HineSight

Anne Hines
metronews.ca/hinesight

An old and very wise piece of advice goes: If you don't want to annoy anyone, don't talk about politics or religion. So, today, I'm going to avoid talking about politics.

For the last few years I've been training to become a minister in the United Church of Canada. This past week I had my final interview. Many years of study and training came down to the result of a two-hour chat. After which I would either be: a) approved to do a job I've worked for, planned for, and know I'll love, or b) cast into the world with no hope, no future and no obvious reason for existing. Frankly, I was hoping for the former.

"Big Moments happen all the time ... But there is a plan that will help you be prepared. Let go and enjoy the ride."

An interview like this is what I call a Big Moment. Sometimes, this kind of moment is marked by saying memorable words such as, "I do," or "Oh my God, the test strip is blue. I told you to stop buying contraception products at the dollar store!" In any case, a Big Moment means your life is about to change forever.

To prepare for this Big Moment, I had a plan:

First, I prayed. I've had training in praying. I raised two teenagers.

Next, I checked out advice on interview techniques. These include tips such as, "Go in knowing something about the CEO." In my case, this would be God. Or, "Be prepared to ask questions." A classmate who did his final interviews last year said, "This is a good idea. I would have asked if there was somewhere I could go to throw up."

I also read not to take someone with you to the interview, "Always go alone." This was a problem. If there's one thing we're taught in religious school, it's that we're never alone.

Finally, I took the precaution of making a list of all the things my training would qualify me to do, should I not pass. These included, "Sell pencils on street corner, offer self to aliens as human sample, and learn not to eat." It's good to know your options.

I'm happy to say I passed. I will be ordained in May.

So, is my future set? Of course not. Big Moments happen all the time. Life can turn on a dime. But there is a plan that will help you be prepared. Let go and enjoy the ride.

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.

Worth mentioning

Twitter, texting partly to blame for bad grammar

Little or no grammar teaching, cellphone texting, social networking sites like Facebook and Twitter, all are being blamed for an increasingly unacceptable number of post-secondary students who can't write properly.

For years there's been a flood of anecdotal complaints from professors about what they say is the wretched state of English grammar coming from some of their students.

Now there seems to be some solid evidence.

Ontario's Waterloo University is one of the few post-secondary institutions in Canada to require the students they accept to pass an exam testing their English language skills.

Almost one-third of those students are failing.

"Thirty per cent of students who are admitted are not able to pass at a minimum level," says Ann Barrett, managing director of the English language proficiency exam at Waterloo University.

Writing horrors

- Emoticons, happy faces, sad faces, cuz, are just some of the writing horrors being handed in, say professors and administrators at Simon Fraser. "Little happy faces ... or a sad face ... little abbreviations," show up even in letters of academic appeal, says Rummana Khan Hemani, Simon Fraser's director of academic advising.

Barrett says the failure rate has jumped five percentage points in the past few years, up to 30 per cent from 25 per cent.

"What has happened in high school that they cannot pass our simple test of written English, at a minimum?" she asks.

Even those with good marks out of Grade 12, so-called elite students, "still can't pass our simple test," she says.

At Simon Fraser University in British Columbia, one in 10 new students are not qualified to take the mandatory writing courses required for graduation.

THE CANADIAN PRESS

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Bloomingdale's opens in Dubai
The city with the world's tallest building now has one more claim to fame: The only Bloomingdale's outside the United States. The first international branch of the Manhattan institution opened in Dubai yesterday. THE ASSOCIATED PRESS

Business

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(Friday's close)	(Friday's close)	(Friday's close)	(Friday's close)

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Emission targets too low?

Greenpeace claims Tories' plans going in wrong direction

Environmentalists and opposition politicians are dismissing the Conservative government's latest pledge to reduce greenhouse gas emissions, with one group predicting they'll actually increase under a new agreement hammered out last year.

The federal government formally notified the United Nations that Canada will cut its carbon emissions by 17 per cent from 2005 levels over the next 10 years as part of the Copenhagen Accord on climate change, Environment Minister Jim Prentice said Saturday.

But a spokesman for Greenpeace says these targets will actually increase emissions, not lower them.

While the government's previous emission targets, announced in 2006, would have resulted in a three per cent reduction in emissions over 1990 levels, these latest targets will actually increase emissions by 2.5 per cent, said Dave Martin, a climate and energy co-ordinator with Greenpeace.

"We're heading in exactly the opposite direction that we need to head," Martin said.

Although reducing greenhouse gas emissions by 17 per cent will be challenging, Prentice said he believes it is attainable. He didn't offer any specifics about which actions would be taken to achieve those cuts. THE CANADIAN PRESS

Gasoline Chevron posts loss

PAUL SAKUMA/THE ASSOCIATED PRESS

The reflection from a gas tanker truck is shown at a Chevron gas station in San Francisco. Chevron announced this weekend that its fourth-quarter profit fell 37 percent as higher crude prices led to huge losses in its refining business.

Breweries ready for Games party

VANCOUVER 2010 Games

BREWING How well Kerry Scarsbrook has prepared for the 2010 Olympics won't be discussed on the sports pages, but it could affect the Games all the same.

He's the man in charge of making the official beer.

"All I can think about all the time now is the Games," said Scarsbrook, Vancouver brewmaster for Molson Coors, the official 2010 supplier of beer.

It's meant that what's usually a slow winter is moving a lot faster as the company prepares to provide the suds for all of the sports venues, pavilions and other Olympic events.

The brewery is doubling the number of brews they're doing per week and have added shifts to make more cans and kegs.

It takes one minute to fill 1,600 cans of Molson Canadian, but about one month to make the beer itself, so what will be on tap during the Games has been in production since January.

"The fact that our brewery is right in the backyard of where all the action is going to be, it puts us in the centre point," said Wade Bayne, director of sales in Western B.C. for Molson Coors.

While Molson's is the official beer, the unofficial contenders are also anticipating a sharp uptick in business.

m.metronews.ca

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Across the province, it's estimated that 36 million cans of all beer will be consumed in February, up seven million cans from normal, according to the Molson's forecasts.

"We know the Games are as much about hospitality as they are sportsmanship, so we know people are going to come and want to enjoy the Games, but also enjoy the local flavour of the city," said Walter Cosman, general manger of Granville Island Brewery.

Planning at his brewery began nine months ago examining everything from whether they had enough boxes to enough brew.

Cosman said he foresees selling about 15,000 kegs of beer — three times what he'd normally sell in the month of February.

In Squamish, B.C., which is in between Vancouver and the host mountain resort of Whistler, Howe Sound Brewing launched a beer called Three Beavers — a red ale with a label featuring the critters with gold, silver and bronze medals around their necks. "We really wanted to create something that was fun and Canadian," said CEO Dave Fenn. THE CANADIAN PRESS

Low newsprint prices hit forestry industry hard

DOWNTURN Ever since Richard Garneau began his tenure as chief executive of Catalyst Paper in 2007, he has watched the prices of its products plummet beyond anything he'd experienced during his 30 years in the industry.

Demand for newsprint has collapsed and prices and profitability in the industry have deteriorated, due to the rise of digital media, and aggravated by the recession.

And Garneau said it's unlikely the industry will ever return to 2005 levels of consumption.

"I'm no fool that in 2010 we're going to see improvement," said Garneau.

"I think it may take probably another year before we see a recovery." THE CANADIAN PRESS

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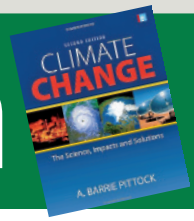
Going Green



Science of change

Barry Pittock is one of the world's leading authorities on climate change, having led the Climate Impact Group in CSIRO. His book, Climate Change: The Science, Impacts and Solutions, presents complex climate issues with clarity. METRO NEWS SERVICES

EDITOR: BEN.RYCROFT@METRONEWS.CA

METRO WORLD NEWS

This take on a treehouse is a unique twist on green architecture.

Green architecture on the grow

ROMINA MCGUINNESS
Metro World News

ECO-HOUSING Built within a centurion sweet chestnut tree, perche dans la Peche is a unique twist on green architecture and design.

The owners, couple Claire Stickland and Ivan Payonne, wanted to build something that would be in harmony with the local environment and landscape, and their tree was their answer.

"One issue we had was fitting construction plans around the branches. The wood in itself, red cedar is perfect because it requires no treatment, in fact the less treatment the better," says Stickland.

For isolation, the couple used Triso Aluminum and hemp and grey water in the kitchen and the shower.

"We wanted to install dry toilets but as it's a guesthouse, we didn't want to make it awkward for whoever was staying," explains Stickland.

For the heating, they had no choice but go for electric as the trees leaves made solar energy an inefficient method.

In terms of the linen, its all organic cotton.

All food served is organic and locally sourced produce and the couple consume very little meat so as to not disrupt the natural balance in the regions food chain.

Hope for Haiti housing

Retrofitting common shipping boxes a possible solution

ROMINA MCGUINNESS
Metro World News

Thirteen months ago, a team of researchers at Clemson University, including Pernille Christensen, Martha Skinner and Doug Hecker, developed a concept, SEED, providing temporary relief for victims of natural disasters.

Their method involves turning used shipping containers into sustainable housing.

SAFE AND SUSTAINABLE SHIP

In order for SEED to work, you need a surplus of shipping containers, a port and labor. When recent mudslides in Columbia left thousands homeless, the lack of port action meant SEED was unable to take action.

The Caribbean, bordered by the ocean and whose surplus of imports over exports means an accumulation of shipping containers, is ideal — there are an estimated 30 million unused containers.

"Sometimes it's cheaper for the containers to remain in port than for them to get sent back. We want to achieve a system whereby we have the containers ready in case of an emergency," explains Christensen.

One 40-foot shipping container can carry up to 67,200 pounds (an average family of 5) and resist overturn when exposed to winds of up to 140 mph.

SHORT TERM SOLUTION

Ideally, SEED would like the shipping containers to be set in place if there were to be a disaster.

METRO WORLD NEWS

Researchers hope to turn shipping containers into a sustainable and emergency housing solution.

The emergency homes would be able to withstand extreme weather conditions and provide other housing solution rather than tents.

According to Hecker, Haiti isn't quiet ready for the containers.

"When we will be able to set up homes for the estimated 400,000 homeless remains ambiguous. We are hoping it will be in the next month, but this will depend on capturing the surplus of containers, getting the professionals there and all other logistical issues."

LONG TERM SOLUTION

In the long term, SEED wants to use the containers as a basis for distraught communities to re-connect.

Hecker and Christensen are working on the customization of the containers.

The containers could also be used for growing crops.

"After natural disasters, the soil loses its nutritional value so we've designed an emergency garden. We've identified local plant cycles ones that grow fast and produce the fruit and vegetables necessary for the community to become self-sufficient, such as bread fruit, yams and potatoes," explains Christensen. In the long run that would involve looking at the nutritional cycle and growing additional staples such as mangoes, papayas and bananas.

"As the poorest country in the Caribbean, it's a worse case scenario," explains Hecker.

But only once SEED has established shipping contacts and some sort of functioning infrastructure, will they be able to fully implement the project in Haiti.

"Because of the scale of the disaster, there is currently a surplus of containers which have been used to ship in emergency good," says Skinner.

In the long run, SEED would be able to convert these into houses.

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Egypt wins African Cup title
Substitute Mohamed Gedo scored in the 85th minute yesterday to help Egypt beat Ghana 1-0 and secure its third straight title at the African Cup of Nations. Tournament debutant Gedo curled in a shot from within the area to give Egypt its record seventh title. THE ASSOCIATED PRESS

Sports

Schumacher set for return

The new Formula One campaign begins today with the start of pre-season testing that will also bring the return of German Michael Schumacher at Mercedes GP after three years out of motor racing's premier sport. The three-day session at Valencia's Cheste Circuit will be the first of four in February before the season-opening Bahrain Grand Prix on March 14. THE ASSOCIATED PRESS

EDITOR: DON.MCHOULL@METRONEWS.CA

Federer wins 16th Grand Slam

Roger Federer experienced quite a range of emotions these past two Australian Opens.

A year ago, he sobbed on court after losing a thrilling final in five sets.

Federer was all smiles yesterday after rather easily beating Andy Murray 6-3, 6-4, 7-6 (11) for a fourth championship in Melbourne and 16th Grand Slam title overall.

"All of a sudden, it was over, and it hit me," Federer said.

"It was very much a roller coaster."

While Murray missed a chance to end a drought for British men at Grand Slam tournaments that stretches all the way to 1936, Federer became the first dad to win a major singles title since 2003.

He also now can aim at a true, calendar-year Grand Slam, something no man has accomplished since 1969.

RICK RYCROFT/THE ASSOCIATED PRESS

Roger Federer kisses the trophy yesterday after beating Andy Murray to win the men's singles final at the Australian Open.

"I'm over the moon winning this again," the 28-year-old Swiss star said.

"I played some of my best tennis in my life these last two weeks. It's also very special — the first Grand Slam as a father."

Federer had only recently discovered he was to become the father of twins when he lost the Australian Open final in five wrenching sets against rival Rafael Nadal last year, then broke down during the presentation.

"I'm over the moon winning this again. I played some of my best tennis in my life these last two weeks."
Roger Federer

This time, Federer was in control of the action pretty much throughout against Murray, and afterward it was the 22-year-old from Scotland whose voice was breaking and who was choking back tears.

"I can cry like Roger," Murray said. "It's just a shame I can't play like him."

THE ASSOCIATED PRESS

Maple Leafs acquire Phaneuf, Giguere in blockbuster trades

NHL The Toronto Maple Leafs sacrificed offence for work ethic yesterday — and GM Brian Burke is hoping the two big-name players he acquired will rub off on their new teammates.

Burke pulled the trigger on a pair of blockbuster trades, shipping out six players to acquire all-star defenceman Dion Phaneuf from the Calgary Flames and goalie J.S. Giguere from the Anaheim Ducks.

Toronto had high hopes coming into the season, with Burke believing his team had a shot at making the playoffs for the first time in five years.

Instead, a porous defence and lacklustre goaltending have contributed to the Maple Leafs (17-28-11) boasting the second-worst record in the league. Burke dealt with both weaknesses yesterday and said after announcing the trades that his team needed more players who led by example — players like Phaneuf and Giguere.

Dion Phaneuf

In the Calgary deal, the Leafs also acquired six-foot-six defenceman Keith Aulie and winger Fredrik Sjostrom. In exchange, Toronto gave up defenceman Ian White and forwards Matt Stajan, Niklas Hagman and Jamal Mayers.

The Leafs sent goalie Vesa Toskala and winger Jason Blake to Anaheim in exchange for Giguere, who became expendable after the Ducks signed No. 1 goalie Jonas Hiller to a four-year extension Saturday. THE CANADIAN PRESS

Games shouldn't go unseen

It'sCalledFootball

Ben Rycroft

metronews.ca/itscalledfootball

There was a time when I would tell anyone who would listen that soccer would soon eclipse every major sport in this country — including hockey.

I would point to the slow demise of baseball in Toronto, the youth participation numbers across Canada outstripping any other sport and the rise of professional franchises in cities like Montreal, Vancouver and Toronto as reasons why the next generation in Canada would be an Adidas Generation.

It was often an argument that was one part smart-ass, one part self-delusion and two parts self-preservation (there aren't a lot of national soccer columns in this country).

And after a few pints at the pub I'll still tell any Blue Jays-cap wearing nutbar to enjoy the team while he can — I have to be honest about a few things.

One — domestic soccer here just doesn't draw traditional TV ratings. Whether it is for the national team or one of the Whitecaps, Impact or TFC, it just does not have the same numbers pull as the established sports.

Two — the likes of TSN will continue to ignore the sport as nothing but a niche market until they figure out how to generate revenue from it.

If you look at the coverage SportsCentre provides on any given night, it is always reflective of its own programming. TSN is heavily involved in NHL and CFL coverage and those are the sports that are given priority on any given night.

When it became obvious that no networks were going to broadcast Canada's game last night, I jokingly posted an ad on Craigslist Jamaica asking anyone with a camera and Internet access to broadcast the game for $100.

Needless to say, I didn't get any response from the Jamaicans, but the flood of Canadians who wrote me to ask if I had any luck certainly were interested.

Julian DeGuzman spoke to It's Called Football over the weekend. Listen to the show at metronews.ca/itscalled football

Canadian fans famously crashed pockets of the Macedonian Internet last year when they latched on to several web streams broadcasting a Canadian friendly.

While the rating numbers aren't big enough for the major networks to justify a broadcast, there is a market for games like these.

Toronto FC has recognized this in the past and as a thank you of sorts to their fans broadcast preseason games through their website.

The Canadian Soccer Association could easily do the same. It may not have resources to self-broadcast but with a growing number of private companies like SSN (which broadcasts another niche market — CIS sports) out there, there is no reason now for games like these to go unseen any longer.

Watch Ben Rycroft on the It's Called Football show every Monday at metronews.ca; ben.rycroft@metronews.ca

Sports in brief

PRO BOWL The AFC all-stars beat the NFC 41-34 in the Pro Bowl yesterday in Miami. The AFC's Matt Schaub and the NFC's Aaron Rodgers threw two touchdown passes each, and DeSean Jackson caught two scoring passes for the NFC.

COLTS The Indianapolis Colts insist Pro Bowl defensive end Dwight Freeney has a low ankle sprain, not a torn ligament, and that he remains questionable for next weekend's Super Bowl.

SOCCER Luton Shelton scored in the second half yesterday to help Jamaica beat Canada 1-0 in a soccer friendly. Shelton, who plays for Norwegian club Valerenga, scored in the 68th minute at National Stadium after the Reggae Boyz dominated the first half.

METRO NEWS SERVICES

Jones remains perfect at Scotties

CURLING Jennifer Jones is off to a good start in her quest for a third straight Canadian women's curling title.

Jones won a pair of games yesterday as her Canada rink remained perfect at the Scotties Tournament of Hearts. She leads the standings at 3-0, along with Ontario's Krista McCarville.

Prince Edward Island is third at 3-1.

Kelly Scott of British Columbia capped off the afternoon draw with a tight 5-4 victory over Quebec.

Alberta, B.C. and Manitoba are all tied for fourth place with 2-1 records.

THE CANADIAN PRESS

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SCOREBOARD

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Los Angeles 3 New Jersey 2
Pittsburgh 2 Detroit 1 (SO)
Phoenix 4 Dallas 2
Washington 3 Tampa Bay 2
N.Y. Rangers 3 Colorado 1

NBA

YESTERDAY'S RESULTS

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Denver 103 San Antonio 89
L.A. Lakers 90 Boston 89
Minnesota 112 New York 91
Oklahoma City 112 Golden State 104
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Skicross racer injured, but hoping to compete in Games

The Canadian Olympic freestyle team may be without one of its top medal hopefuls. Skicross racer Julia Murray tore ligaments in her knee during training last weekend but is hoping to compete in the Vancouver Games, the Canadian ski cross team said yesterday in a release. THE CANADIAN PRESS

Vancouver Games

EDITOR: DON.MCHOULL@METRONEWS.CA

Canadian skicross teams clean up at Winter X Games

MEDALS Chris Del Bosco and the rest of Canada's skicross team are in prime form heading into the Olympics.

Del Bosco, of Sudbury, Ont., led a men's podium sweep yesterday in the skiercross event at the Winter X Games. Del Bosco edged Dave Duncan of London, Ont., in the final, while Brady Leman of Calgary placed third.

Canada added a pair of medals in women's action. France's Ophelie David finished first in the final, with Ashleigh McIvor of Whistler, B.C., and Kelsey Serwa of Kelowna, B.C., rounding out the top three.

Coming off a win at last week's World Cup competition in Lake Placid, N.Y., Del Bosco jumped ahead in every heat, staving off challenges throughout.

"My game plan today was to get out early and never look back and that's what I did," said Del Bosco

Since learning he had made the Olympic skicross team less than two weeks ago, Del Bosco has been unstoppable, winning every race he has entered.

THE CANADIAN PRESS

Canada 'being un-Canadian': Colbert

GRAMMYS With his trip north of the border fast approaching, Stephen Colbert was still poking fun at Canada after winning his first Grammy Award yesterday.

Backstage at the show, Colbert was asked why he'd given Canadians such a rough ride on his comedy show, The Colbert Report, where he's labelled Canadians "syrup suckers" and "ice-holes."

"Because Canada's being very un-Canadian," he responded.

"This time they want to win. That's very unpolite."

Colbert announced on his TV show in December that he would accept an invitation from the City of Richmond to attend the 2010 Winter Games in Vancouver, but only as a member of the U.S. Olympic team.

Colbert had picked up on complaints that non-Canadian athletes haven't had full access to Richmond athletic facilities.

He won his first Grammy for the soundtrack to his holiday special, A Colbert Christmas: The Greatest Gift of All. THE CANADIAN PRESS

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U.S. goalie has history of besting Canadians

Jessie Vetter has broken the hearts of Canada's women's hockey team before.

Can she do it again in the biggest game in the sport of women's hockey?

If Canada and the U.S. face each other for the Olympic gold medal Feb. 25, chances are Vetter will be in the American net.

She's had more success against Canada in recent years than any other U.S. goalie

The Americans won two straight world championship finals against Canada for the first time with Vetter in goal.

Canada and the U.S. did not even meet at the 2006 Olympics in Turin, Italy, where the under-prepared Americans were upset in the semifinal by Sweden.

Vetter, who joined the national team the following year, has been the key in her country's resurgence in women's international hockey since then.

Goaltending had traditionally been the Achilles heel of the U.S. in big games against Canada. That is no longer the case.

"Jessie has gotten us over the hump as far as making the big saves and being under that pressure," U.S. captain Natalie Darwitz said.

"It's difficult to score on her the first opportunity. She gets into people's heads and they may grip their sticks a little bit tighter then."

PHILLIP MACCALLUM/GETTY IMAGES

Jessie Vetter of Team USA looks on during a game against Team Canada in Ottawa on Jan. 1.

From April 10, 2008, to Nov. 6, 2009, Vetter carried a 6-1 record versus Canada. Her most recent start was a 3-2 shootout loss on Jan. 1 in Ottawa, where the two countries played the last of six exhibition games prior to the start of the Olympic tournament Feb. 13.

Two of her victories were the world championship finals of 2008 and 2009. Another was the Hockey Canada Cup final on Sept. 6 at Vancouver's GM Place, which will be renamed Canada Hockey Place for the Olympics.

.943 Jessie Vetter's career save percentage against Canada prior to a recent pair of defeats was .943, but it has since dropped to .910.

"It's amazing to even been playing in back-to-back worlds in the championship game against a great team like Canada," said the effervescent Vetter.

If anyone can giggle at thousands of Canadian fans trying to get into her head by chanting "Vet-ter, Vet-ter" at Canada Hockey Place, it's this curly haired, 25-year-old from Cottage Grove, Wis.

"I love playing in Canada," Vetter insisted. "I just like having people in the stands.

"They will definitely be against the American team and obviously, (being) a goaltender, you obviously stick out. I won't be a fan favourite. I'm looking forward to it and it should be a good time."

THE CANADIAN PRESS

Security cameras worry privacy advocates

PRIVACY A vast network of security cameras set up for the Winter Olympics doesn't go online officially until today, but it's already nabbed its first miscreant.

The apprehension of the apparently hapless drunk has police crowing about the efficiency of the cameras.

But privacy watchdogs have been nervous about the unprecedented deployment of electronic surveillance in Canada and sought assurances the cameras will be gone as quickly as the athletes after the Games.

"There certainly is this concern about this legacy of cameras and what plans for them will be."
Jim Burrows, B.C. Privacy Commission rep

More than a thousand new closed-circuit cameras will be in place monitoring the boundaries of Olympic venues and spots in Vancouver and Whistler, where crowds will gather.

That doesn't include existing cameras inside venues such as BC Place stadium and Canada Hockey Place, others already mounted in downtown buildings and a handful of cameras controlled by the B.C. government at their Robson Square celebration venue.

The sheer number of them pales in comparison to the thousands keeping an eye on British citizens, but it's by far the largest concentration of state-controlled cameras in any jurisdiction in Canada.

"I guess our concern has remained more the use of cameras after the Olympics rather than during the Olympics," said Jim Burrows, a spokesman for the B.C. Information and Privacy Commission.

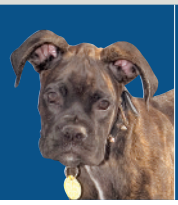
"There certainly is this concern about this legacy of cameras and what plans for them will be."

Britain has thousands of government-controlled video cameras and access to images from an estimated four million private security cameras.

THE CANADIAN PRESS

uCalgary ponders tuition hikes for professional programs
The University of Calgary is taking advantage of a one-time offer from the Alberta government to apply for increases in base tuition amounts in certain programs. University officials are proposing tuition hikes of up to 47 per cent in professional programs next year. METRO NEWS SERVICES

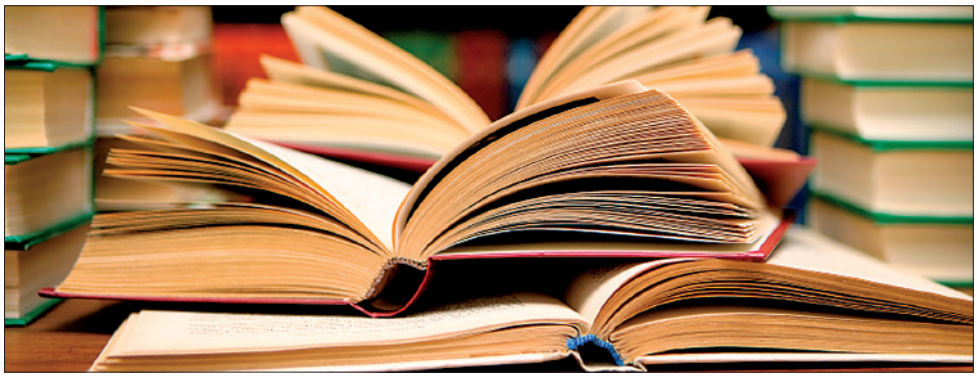
Workology



Vet college on W-5

The University of Guelph's Ontario Veterinary College was the subject of last Saturday's broadcast of CTV's W-5. The episode focused on cancer research at the vet college and explain how treating cancer in animals can assist efforts to understand the disease in humans. METRO NEWS SERVICES

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA



Getting an undergraduate degree does not necessarily equate to a job, or as one consultant puts it, "university is not job preparation."

Finding justification in hitting the books

JON TATTRIE
for Metro Canada

"I'm not saying university is bad or wrong; I'm saying university is not job preparation." Consultant Harold Jarche

As university tuition rises while job markets contract, the pressure mounts for institutes of higher learning to justify themselves as job-getting engines. But does an undergrad really make people more employable and is that the purpose of university anyway?

Harold Jarche of Jarche Consulting thinks the "university myth" has been busted by its own popularity.

"With my parents, it was pretty simple: Go to university and get an education because that means you get a better job. But correlation doesn't equal causation — it's not because you've got this schooling that you got the better job, it was because you were part of a small elite," says the Sackville, N.B.-based consultant specializing in integrating work and learning. "I'm not saying university is bad or wrong; I'm saying university is not job preparation."

The Canadian Council on Learning reports one in five Canadians aged 25 to 44 has a degree. A recent Globe and Mail article said enrolment has jumped by 40 per cent since the early 1990s and tuition has tripled over the same period, saddling students with greater debt. Jobless grads learn the curriculum isn't based on industry needs, as community colleges are, meaning degrees don't line up with work.

Jarche says universities have intrinsic value, but job-focused students should ask themselves: "Is the return on investment worth it?" He suggests an entrepreneur could better invest the money in a start-up business or a tradesmen studying at college.

Jeff Rybak, a Maclean's blogger and the author of What's Wrong With University And How to Make It Work For You Anyway, says universities reluctantly took the role of job engines.

"Universities don't want to be the gateway to the job market, but as tuition is rising they're stuck having to justify what they're doing in economic terms," says the law student at the University of Toronto.

Some students are at university to learn, some because they want to be accountants and some are just there because "they have absolutely no way of explaining to their parents that they're not going. That's when you're really screwed," he says.

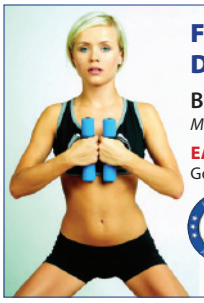
It's the "holding pen" drifters who are just wasting time and money. Rybak urges them to instead follow the British example of the "gap year" after high school to travel and decide what you really want to do next — and whether university will help you do it.

Workology in **brief**

UOTTAWA WAIVES TUITION, RESIDENCE FEES FOR HAITIAN STUDENTS The University of Ottawa announced last week it will cover tuition and residence fees this term for the 23 Haitian students attending the institution on a student visa. Shortly after the earthquake, uOttawa president Allan Rock met with the students, some of whom were grieving lost relatives, others unsure of the whereabouts of their families.

EXPELLED MCMASTER STUDENT RECEIVES JAIL SENTENCE FOR RESIDENCE FIRE A former McMaster University student was sentenced last week to two years less a day in jail for an October 2008 arson that endangered the lives of fellow residents of a university dormitory and cost McMaster more than $5 million. Emerson Pardoe, a first-year student at the time, set of pile of newspapers on fire as he was riding the elevator to the third floor of Brandon Hall.

CHARGES DROPPED AGAINST UWO STUDENT SUBJECT OF VIDEO-CAPTURED ARREST Charges have been dropped against Irnes Zjelkovic, a 22-year-old University of Western Ontario student whose violent arrest on campus in October was caught on video and posted on YouTube. The Crown agreed to stay the charges as long as Zjelkovic continues to receive psychiatric treatment.
METRO NEWS SERVICES



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uWinnipeg ordered to pay nearly $9 million to pension plan members

A Manitoba pension commission has ruled that the University of Winnipeg must pay $8.8 million to over 600 current and retired staff over the next few months. In order to do so, uWinnipeg had to take out a 40-year loan, which will end up costing $24 million once it has been paid off. METRO NEWS SERVICES

Olympic sponsorship, years in the making

VANCOUVER 2010 Games

Odd Jobs

Diane Peters

Metronews.ca/oddjobs

Like it or not, major sports events like the Olympics need corporate sponsors to help pay the bills.

And those sponsors need someone to run the show.

For Coca Cola, that person is Nicola Kettlitz, 47. From support on the torch relay to providing entertainment and refreshments at the games, Kettlitz has organized it all.

Born in Italy, Kettlitz was raised in Brazil and did his undergraduate degree and MBA in the U.S.

He started his career working with Chrysler in Detroit, and was later recruited by Coke's head office in Atlanta.

The company then sent him back to Italy, where he rose to the country's top job for the company.

But Kettlitz was used to travel and change. So when Coke needed someone to head up sponsorship for the 2006 games in Torino, Kettlitz took the job — after some hesitation.

"How often in a big company like Coke do you get the opportunity to start something from scratch? I took the job in Torino somewhat reluctantly. It turned out to be the best job of my life."

After the games ended, Kettlitz packed up his wife and daughter to move back to Atlanta — then Coke's Canadian office called, asking him to organize the 2010 games. He redirected a shipment of furniture and moved to Vancouver three years ago.

The job started with about two years of planning. For the relay, for instance, Kettlitz had to decide how to choose 4,500 torch bearers (he eventually settled on getting people to write essays about how they're living greener), and plan how the company would take care of bearers and provide entertainment on the route.

Kettlitz has spent the last year hiring staff and seeing his ideas come to life. He's been following the torch as much as possible: When he does he pretty much lives out of his car and answers his BlackBerry constantly.

Now, he's back in Vancouver hiring more staff: He'll have 600 in total once the games start. He'll put the finishing touches on how Coke will sell drinks and provide refreshments free for staff and athletes at sports venues, and pull together programming for Coke's special events venues, like the 8,500 square foot tent in downtown Vancouver.

During the game, Kettlitz will constantly drop in on the venues to encourage staff and deal with problems; plus he'll be showing Coke's executives and clients around.

Those will be long days: He'll crash at a downtown Vancouver apartment during the games. When it's over, he expects lots of tears. "I cried at the end of Torino. You don't want it to be over."

"How often in a big company like Coke do you get the opportunity to start something from scratch? I took the job in Torino somewhat reluctantly. It turned out to be the best job of my life." Sponsorship organizer Nicola Kettlitz

The Lowdown

Job title: Sponsorship organizer
Salary: "I run a business: It's a high level job."
Training/education: MBA and experience
Best Part of the Job: "Meeting all the happy people along the road. Working with teams that are very passionate about what they're doing."
Worst Part of the Job: "It ends. February 28 at 6 p.m. it's all over."

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

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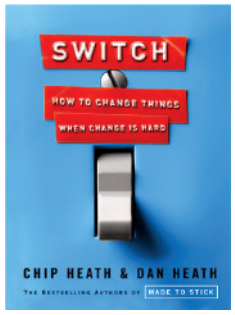

Book details ways to stick with change

BookReview

Switch

Author: Chip Heath & Dan Heath
Publisher: Random House
Price: $32

Its the first day of February ... are you still on track with those New Years resolutions? According to brotherly duo Chip and Dan Heath, resisting temptation is exhausting. Following their wildly successful book Made to Stick, the Heaths embarked on figuring out the mechanics of change.

Change is never easy, mostly because change means doing something differently or against your emotional desire. One example given in the book is of an experiment to reduce saturated fat intake for a population. To say "eat healthy" is far too vague and does not give clear direction. In the experiment, whole milk was identified as the major culprit in American fat intake. The solution: Get Americans to switch to a lower-fat version of milk using a catchy PSA. The result was a jump for skim milk from 18 per cent to 41 per cent in market share. "What looks like resistance is lack of clarity" said the Heaths.

If you are looking to create change within yourself or your organization, this fun read will shed a bit of insight onto how you should shape the path to change.

CRAIG LUND /FOR METRO CANADA

Craig Lund, a director with the staffing firm Marketers on Demand, can be reached at craig.lund@marketersondemand.com

Workology in brief

MONEY: The federal government announced last week nearly $32 million under the Atlantic Innovation Fund for research and development projects in New Brunswick and Prince Edward Island.

METRO NEWS SERVICES

vancouver 2010

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Parks and Recreation renewed

Parks and Recreation has been renewed early for next season, TVGuide.com has confirmed. The Amy Poehler-led sitcom takes a behind-the-scenes look at small town bureaucracy in an Indiana-area parks department. METRO NEWS SERVICES

Entertainment

Rise to FAME

E! Online reports that Bluewater Comics is producing a 32-page comic book entitled FAME: Robert Pattinson, which will chronicle the actor's rise to stardom.

POPEATER.COM

EDITOR: DEAN.LISK@METRONEWS.CA

Beyoncé wins big at Grammys

The 52nd Grammy Awards belonged to Beyoncé as the singer made history by smashing the record for most trophies by a female artist in a single night.

The 28-year-old picked up six prizes last night, owning a ceremony in which a group of young artists helped put a fresh face on the greying Grammys.

"Wow, thank you so much," Beyoncé said as she took the stage to claim her award for best female pop vocal performance.

"I'm sorry, I'm nervous. I'd love to thank my family for all their support, including my husband, I love you. And I'd like to thank all of my fans for all of their support over the years, goodnight, thank you."

Taylor Swift was one of the few to interrupt Beyoncé's run on the podium. The 20-year-old won four awards including the evening's biggest prize: Album of the year.

"Our families are freaking out in their living rooms," said a clearly shocked Swift.

"When we're 80 years old and we are telling the same stories over and over to our grandkids and they're so annoyed with us, this is the story we're going to be telling over and over again: In 2010, that we got to win album of the year at the Grammys. Thank you thank you."

But despite Swift's stunning victory, the night belonged to Beyoncé.

She won song of the year for the omnipresent Single Ladies (Put a Ring on It) and brought her all-time Grammy haul to 16 awards.

She had previously been tied for most wins by a female at a Grammys with Lauryn Hill, Alison Krauss, Norah Jones, Alicia Keys and Amy Winehouse.

The Black Eyed Peas, Jay-Z and Kings of Leon had three trophies last night while Gaga, Kanye West, Rihanna, Maxwell, Eminem, Jason Mraz and Bela Fleck were among a group of two-time winners.

Canadians Neil Young and Michael J. Fox both won their first-ever Grammy prizes, while Vancouver's Michael Buble took his second career award.

Beyoncé also won best R&B contemporary album for I Am ... Sasha Fierce, best R&B female vocal for Single Ladies, best traditional R&B performance for At Last and best R&B song, while 23-year-old Gaga — who entered with five nominations — earned trophies for best dance recording (Poker Face) and best electronic/dance album (The Fame).

The platinum-blond electro-pop oddball also opened the evening on a typically bizarre note.

With a sign hanging overhead reading "The Fame Factory," Gaga vamped through a verse of her Poker Face with the stage dressed up with industrial props and smoke puffing out of steel pipes. Wearing a sparkling green unitard with matching high heels, Gaga was then thrown into a fire-filled vat while a dancer chanted "she's a monster."

Below was a double-sided piano with prop arms growing out of it and Elton John positioned on the other side (with his face made up to look scorched by flames). The two then performed a duet of Your Song and Gaga's Speechless.

"Take my picture Hollywood, I wanna be a star!" she screamed.

It wasn't the only performance with sky-high production values.

Pink performed her contemplative piano ballad Glitter in the Air while suspended high above the crowd at the Staples Center. Dressed (but only barely so) in weaving white ribbons, she spun around and around while water droplets fell to the crowd below and scantily clad acrobats circled higher still.

"That was amazing!" Keith Urban blurted out as he took the stage afterwards to present an award.

Backstage, Pink said she was a gymnast for eight years and has been doing silks for seven years, and claimed in all seriousness that she's a better singer while flying around like a marionette. She admitted, though, that the strobe lights caused her to lose her balance for a moment.

"I thought I was going to fall on my nude butt, but I worked it out," said the feisty singer.

"I would say that no one ever has another excuse to lip synch."

Beyoncé, meanwhile, marched onstage wearing a black minidress, surrounded by male dancers encased in armour and helmets to perform her soaring anthem, If I Were a Boy. The performance went up another notch when she wedged in a smouldering sampling of Alanis Morissette's You Oughta Know, with the stage turning red for the breakup anthem (though Beyoncé, strutting down the centre aisle to a raised platform, seemed more seductive than vengeful).

Green Day — winners of best rock albums for their 21st Century Breakdown — played anti-war anthem 21 Guns with the cast of Broadway's upcoming American Idiot, lending the already epic tune a sense of over-the-top extravagance that would have been foreign to the pop-punk trio once upon a time.

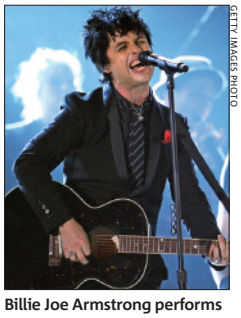
THE ASSOCIATED PRESS

GETTY IMAGES PHOTO

Taylor Swift accepts the award for best country album.

GETTY IMAGES PHOTO

Paris Jackson accepts the lifetime achievement award on behalf of late father Michael.



GETTY IMAGES PHOTO

Billie Joe Armstrong performs with Green Day.

GETTY IMAGES PHOTO

Lady Gaga, above, performs at the 52nd annual Grammy Awards in Los Angeles last night.

GETTY IMAGES PHOTO

Slash and Jamie Foxx perform together on the Grammy stage.

GETTY IMAGES PHOTO

Stephen Colbert accepts the award for best comedy album.

GETTY IMAGES PHOTO

Rihanna poses backstage at the Grammys last night.

Grammy Winners

- The following is a partial list of Grammy Award winners:

Record of the Year: Use Somebody, Kings of Leon

Best Rock Album: 21st Century Breakdown, Green Day

Best New Artist: Zac Brown Band

Best Country Album: Fearless, Taylor Swift

Best Comedy Album: A Colbert Christmas: The Greatest Gift of All!, Stephen Colbert

Female Pop Vocal Performance: Halo, Beyoncé

Best Male Pop Vocal Performance: Make It Mine, Jason Mraz

Best Pop Performance By A Duo Or Group With Vocals: I Gotta Feeling, Black Eyed Peas

Best Rap/Sung Collaboration: Run This Town, Jay-Z, Rihanna and Kanye West

Album of the Year: Fearless, Taylor Swift

m.metronews.ca

Scan this barcode for the full list of Grammy winners, or read it at metronews.ca/entertainment.

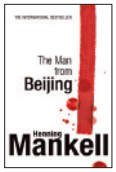
Box office

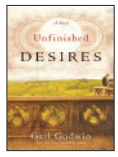
Estimated ticket sales for Friday, Jan. 29 through Sunday, Jane.. 31 at U.S. and Canadian theatres, according to studio figures:

1. **Avatar:** $30 million US
2. **Edge Of Darkness:** $17.1 million
3. **When In Rome:** $12.1 million
4. **Tooth Fairy:** $10 million
5. **The Book Of Eli:** $8.8 million
6. **Legion:** $6.8 million
7. **The Lovely Bones:** $4.7 million
8. **Sherlock Holmes:** $4.5 million
9. **Alvin And The Chipmunks The Squeakuel:** $4 million
10. **It's Complicated:** $3.7 million

THE ASSOCIATED PRESS

Chinese slaves and the U.S.





The Man from **Beijing**

Author: Henning Mankel
Publisher: Knopf Canada
Price: $32 (Hardcover)

THE HISTORY OF slave trading between China and the United States rears its head in modern day Sweden, in Henning Mankel's latest political crime thriller The Man from Beijing. A single red ribbon is all that remains after the savage slaughter of residents of the Swedish hamlet Hesjövallen. The killings hit close to home for local judge Birgitta Roslin, whose grandparents were two of the victims. When Birgitta finds a diary from the 1800s, it sends her on an international journey where she discovers a plot for vengeance spawned by past ill treatment of Chinese slaves with a solid link to the crime.

BookPicks

True **Confections**

Author: Katharine Weber
Publisher: Shaye Areheart Book
Price: $26.95 (Hardcover)

MARRYING INTO the Ziplinsky family, the pedigree of the established Zip's Candies, hasn't been so sweet to Alice Tatnall Ziplinsky. An incessant approval seeker, Alice wants to live up to the family's demands while working at the candy factory it built its lineage on. When Alice inherits the bulk of the operation in its darker days, she sets out to prove herself by uncovering the company's history, all the way back to its Hungarian immigrant founder Eli. Her quest unfurls a storied tale involving runaway slaves and an intended 20th century settlement for European Jews, all ingredients in Zip's Candies fantastic past.

Unfinished **Desires**

Author: Gail Godwin
Publisher: Random House
Price: $32.00 (Hardcover)

AFTER MORE than 60 years teaching young girls at North Carolina private school Mount St. Gabriel's, Mother Suzanne Rayenel has a lot of stories to fill the memoir she's writing as Unfinished Desires unfolds. But no time sticks out more for her than 1951, when freshly orphaned Chloe Starnes arrives to the school around the same time as the young nun teacher Mother Malloy. Their presence shakes up the exclusive social circle of Tildy Stratton and everyone feels the effects. It's not until the girls find a play written by Mother Rayenel herself that they're able to discover themselves and each other a little bit better.

Brian Coulton/for Metro Canada

VA	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime 2/1/10	251	308	3 CBC	Wheel Fortune	Jeopardy! (N)	18 to Life (N)	Little Mosque	Winnipeg Comedy		CBC News: The National (N)		(:05) The Hour
	254	-	8 OMNI	Two/Half Men	Two/Half Men	Omni News: Mandarin Edition		News: Cantonese Edition		Omni News: Punjabi Edition		The Simpsons
	250	321	9 CTV	etalk (CC)	Access H.	Human Target "Sanctuary" (N)		Two/Half Men	Big Bang	CSI: Miami Eric Delko returns.		CTV News
	-	-	10 JOY	Frasier (CC)	The Insider	Daily Weekend Edition (CC)		Poltergeist: The Legacy		P3	Ek Noor	New Day
	252	336	11 GTV	Entertainment	ET Canada	House "Moving the Chains"		24 (N) (PA) (CC)		Heroes "The Wall" (N) (CC)		News
	256	389	12 VI	Degrassi: TNG	TMZ (N) (CC)	Tough Love (CC)		The Listener (CC) (DVS)		Castle "The Double Down"		A News (N)
	253	359	13 CITY	The Office	The Office	The Bachelor: On the Wings of Love (N) (CC)				The Jay Leno Show (N) (CC)		EP Daily
	-	-	14 CW	The Office	The Office	One Tree Hill (N) (CC)		Life Unexpected (N) (CC)		Seinfeld	Seinfeld	Frasier (CC)
	289	381	15 CBS	Entertainment	The Insider	How I Met	On Purpose	Two/Half Men	Big Bang	CSI: Miami Eric Delko returns.		KIRO 7 News
	287	379	16 NBC	Evening Mag.	Inside Edition	Chuck (N) (CC)		Heroes "The Wall" (N) (CC)		The Jay Leno Show (N) (CC)		KING 5 News
	602	568	19 W	Supernanny (CC)		How Clean Is	How Clean	Love It or List It		Love It or List It "Gallagher"		Confidential
	288	380	21 ABC	Wheel Fortune	Jeopardy! (N)	The Bachelor: On the Wings of Love (N) (CC)				Castle "The Double Down"		KOMO 4 News
	-	-	26 KVOS	M*A*S*H	Seinfeld	Johnny Mnemonic ★ (1995) Keanu Reeves, Dolph Lundgren.				Seinfeld	King	Cheers (CC)
	291	383	27 PBS	Conver-KCTS	Antique Show	Antiques Roadshow (N) (CC)		Power -Snoqualmie		Egalité for All		Change, Brain
	290	382	28 FOX	Two/Half Men	Two/Half Men	House "Moving the Chains"		24 (N) (PA) (CC)		Q13 FOX News at Ten (N)		Family Guy
	-	364	33 PBS	Experience	Small Town, Big Dreams		Keeping Up	Tavis Smiley	Charlie Rose (N) (CC)		Antiques Roadshow (CC)	
	296	654	34 SBK	Frasier (CC)	Frasier (CC)	The Office	Name Is Earl	South Park	Half & Half	Paid Program	Street Court	Cold Files
	298	653	35 TLA	Two/Half Men	Two/Half Men	One Tree Hill (N) (CC)		Life Unexpected (N) (CC)		KTLA 5 News at 10 (N) (CC)		Friends (CC)
	295	651	36 WGN	WGN News at Nine (N) (CC)	Family Guy	Two/Half Men		According-Jim	Friends (CC)	Friends (CC)	Maury (CC)	
	297	652	37 WPX	PIX News at Ten Tong. (N)		Two/Half Men		Friends (CC)	According-Jim	Family Guy	South Park	Scrubs (CC)
	199	311	76 STR	CTV News	NTV Latenight News		Late Show W/Letterman		Late Late Show/Ferguson		Inside Edition	Seinfeld
news	502	390	29 NW	Future Earth: 2025		CBC News: The National (N)		CBC News: The National (N)		Future Earth: 2025		National
	500	500	33 CNN	Anderson Cooper 360 (CC)				Larry King Live		Anderson Cooper 360 (CC)		Cooper 360
sports	407	419	22 RSP	Skiing	Hockey	Hockey	Canucks TV	Canucks TV	MMA Conn	Sportsnet Connected (Live)		Sportsnet
	400	400	30 TSN	Curling	SportsCentre (Live) (CC)			Off the Record	Motoring 2010	SnowTrax	Planet Speed	SportsCentre
	411	457	43 OLN	Ghost Hunters International		Destination Truth (CC)		Operate-Repo	Operate-Repo	Ghost Hunters (CC)		Ghost Hunters
	410	403	54 SCR	WWE Monday Night RAW		(:15) Score Now		WWE Monday Night RAW With Michael Cole and Jerry Lawler.				Cabby Unlimit
	417	406	55 SC	Barrett-Jackson		Car Crazy	NASCAR Hub	SuperCars	SuperCars	Barrett-Jackson		Auctions
	416	409	144 GLF	(6:00) Fútbol Brasileño		Off the Pitch	Gol TV News	Off the Pitch	Game Cap	Paid Program	Gol TV News	Gol TV News
family	552	543	25 YTV	Scorpion	Scorpion	Malcolm-Mid.	Hates Chris	8 Rules	What I Like	Family Biz	To Be Indie	Prank Patrol
	555	545	50 TEL	Scooby-Doo	Total Drama	Total Drama	6TEEN (CC)	Futurama	King of Hill	American Dad	Futurama	Chicken
	557	541	51 FAM	Sonny Chance	Suite Life	Overruled!	Han. Montana	Wizards-Place	Latest Buzz	Ned's School	Cory in House	So Raven
	553	546	53 TRE	Babar (CC)	Big & Small	Max & Ruby	Dragon	Backyard	Ni Hao	Go, Diego, Go!	(:35) Franklin	Comfy Couch
cable variety	268	354	5 KNO	Recreat. Eden	Landscape	Art of the Heist Art forgers.		The Making of an Architect		My Different Life (CC)		Red Run
	575	583	20 CMT	Father	Father of the Bride Part II ★★ (1995) Steve Martin, Diane Keaton. Premiere.					Father of the Bride ★★★ (1991, Comedy)		
	570	580	24 MM	Love Court (N)	My Date	MuchOnDemand (CC)		So You Think You Can Dance (CC)				Video on Trial
	600	564	29 H&G	House	House Hunt.	Holmes on Homes (CC)		Marriage	Income Prop.	For Rent	My First Place	House Hunt
	615	520	31 A&E	Hoarders "Tra; Jill" (N) (CC)		Paranormal	Paranormal	(:01) Intervention "Linda"		(:01) Intervention (CC)		(:01) Hoarders
	628	584	32 SPKE	(5:00) Batman ★★★ (1989)		UFC 109 Countdown		Police Chases		CSI: Crime Scene Investigat'n		Mysteries
	521	560	34 TLC	Ultimate Cake Off (CC)		Cake Boss	Cake Boss	Cake Boss	Cake Boss	Ultimate Cake Off (CC)		Ultimate Cake
	616	522	39 SHO	Relic Hunter (CC)		The Bad Son (2007, Suspense) Catherine Dent. (CC)				Bones (CC)		NCIS (CC)
	620	523	40 BVO	Neil Young: Heart of Gold		Law & Order (CC)		Without a Trace (CC)		Neil Young: Heart of Gold ★★★ (2006) (CC)		
	601	562	41 SLC	Love Inc.	Love Inc.	ET Canada	What	Real Housewives NYC		Real Housewives OC		Runway
	520	505	42 DIS	Dirty Jobs: Egg Farm (CC)		Daily Planet (CC)		MythBusters "Blind Driving"		Dirty Jobs: Egg Farm (CC)		Breaking Point
	522	506	44 HIS	Diamond Road (CC)		Greatest Tank Battles (CC)		Lost Worlds King Henry VIII.		Shockwave (CC)		Tank Battles
	627	528	45 SPC	(6:00) Grendel (2007) (CC)		Stormworld	Stargate SG-1 "The Light"		Star Trek: Next Gener.		Lost "The Incident" (CC)	
	294	650	47 TBS	Family Guy	Family Guy	Lopez Tonight (N)		Name Is Earl	Name Is Earl	Sex and-City	Sex and-City	Lopez Tonight
	619	525	48 TROP	Re-Vamped (CC)		Parking Wars	Parking Wars	Flipping Out "Jenni 911"		Launch My Line "Wild Card"		Prod. Parker
	603	561	52 FN	Pitchin' In	Glutton	Restaurant Makeover (CC)		Diner, Drive-In	Unwrapped	Top Chef Masters (CC)		Pitchin' In
	-	-	53 AMC	Dante's Peak	Volcano ★★ (1997, Action) Tommy Lee Jones, Anne Heche, Gaby Hoffmann.					Wrong Turn ★★ (2003) Desmond Harrington.		
	626	547	57 COM	Air Farce	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	John Oliver's Stand-Up Show		Daily Show
	320	621	60 CEN	(6:25) Screamers: The Hunting		Spartacus: Blood and Sand		Diary-Call Girl	Tracey Ullman	La La Land	Filth and Wisdom ★ (2008)	
	581	566	101 MTV	Buried	Life of Ryan	MTV Live	After Show	The Real World "D.C." (CC)		Buried	Life of Ryan	MTV Live
	261	394	102 V	Unscripted (N)	Archaeologist	Poltergeist: The Legacy		Cuba ★★★ (1979, Adventure) Sean Connery, Brooke Adams. (CC)				
	-	-	105 MUL	My Queen	Immortal	State Secret		To Be Announced		Pinoy: That's Entertainment		Patrol World

CLUB METRO WEEKLY REWARDS

IN THEATRES FEB 12
BENICIO DEL TORO ANTHONY HOPKINS
THE WOLFMAN
WHEN THE MOON IS FULL, THE LEGEND COMES TO LIFE.
subject to classification
To view the trailer, visit www.universalpictures.ca

YOU COULD WIN PAIR OF PASSES TO SEE THE WOLFMAN

YOU COULD WIN 1 OF 5 3GS iPHONES

YOU COULD WIN
A BE MORE CONFIDENT IN 2010 PRIZE PACK!

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To register and for full contest details visit clubmetro.com

Two new baby ... dogs.
Oprah sure knows how to treat herself — she celebrated her 56th birthday on Jan. 29 with two new family members, 14-week-old springer spaniel siblings Sunny and Lauren, people.com reports. METRO NEWS SERVICES

Celebrity Buzz

Just a regular date night

YOU KNOW, BUT WEARING A $6,000 GOWN Brad Pitt and Angelina Jolie stepped out Saturday night to attend the Directors Guild of America Awards in Los Angeles — and observers say the couple was as happy as can be, people.com reports.

"They looked very giggly," an onlooker told People.

Pitt, who was at the Hyatt Regency Century Plaza to introduce his Inglourious Basterds director Quentin Tarantino, was an attentive companion to Jolie, a surprise guest, who wore a gray, single-shoulder Elie Saab gown with gold hoop earrings by Ofira Schwartz, Stuart Weitzman shoes and a vintage bag.

Pitt, whose curious beard has been trimmed, pulled Jolie's chair out for her and touched her back throughout the night as they chatted animatedly with Tarantino at a table of colleagues from the film.

"They look like they are having a fun time," says an onlooker of the couple as they worked the room. "It's definitely a date."

METRO NEWS SERVICES

Kanye lives for fashion

AND THAT INCLUDES WEARING DEAD ANIMALS Just when you thought Kanye West had calmed down, he ranted about — of all things — why he's a "rock star" for wearing fur, usmagazine.com reports.

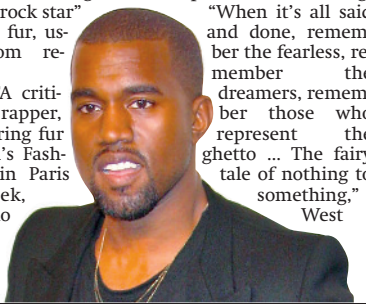
After PETA criticized the rapper, 32, for wearing fur during Men's Fashion Week in Paris last week, West — who also made the animal-rights organization's list of worst-dressed celebrities of 2009 — defended himself by leaving one of his typical all-caps tirades on his blog.

"When it's all said and done, remember the fearless, remember the dreamers, remember those who represent the ghetto ... The fairy tale of nothing to something," West wrote late Friday.

He continued, "It's funny to me when fashion bloggers down our outfits and then super jock outlandish sh— on the runway but they dress mad prude and don't live fashion."

PETA didn't take lightly to his fashion choices. "Kanye can't help making himself look like an idiot, whether at an awards show or a fashion show," PETA Vice President Dan Matthews said in a statement.

METRO NEWS SERVICES



Get him off! Get him off!

IT'S NOT WHAT YOU THINK Rumours of Blake Fielder-Civil's cheating may have derailed Amy Winehouse's plans to remarry him, and she's now looking to erase him from her skin as well, tattoo artist Henry Hale tells the Sun. Hale says that Winehouse is looking to have her "Blake" tattoo on her chest covered up. "I didn't ask her what her reasons were. I imagined she wanted to move on," he tells the newspaper. "She was just like, 'It needs to go.' She wanted it covered."

METRO WORLD NEWS

She doesn't want to butt out

BECAUSE SMOKING TASTES DELICIOUS Gossip Girl star Taylor Momsen is taking flak after photos surfaced from the set of her series showing the 16-year-old puffing away on a cigarette.

"She really has an extra responsibility to bear as an actress idolized by little girls out there," Foundation for a Smoke-Free America director Patrick Reynolds tells Us Weekly. "For her to be smoking sends the wrong message to kids."

Momsen, however, is undaunted.

"I didn't get into this to be a role model," she recently told the U.K. Times. "So I'm sorry if I'm influencing your kids in a way that you don't like, but I can't be responsible for their actions. I don't care."

METRO WORLD NEWS

Follow these celebrities on Twitter...

CelebTweets

MARTHA STEWART is looking for support, **AARON CARTER** doesn't want you to worry about him, **PAOLO COELHO** isn't thrilled with who's helping Brazil prep for the Olympics, and **TILA TEQUILA** has some worries about parenthood.

@MarthaStewart by the way i would like to get to 2 million followers this week to win a bet (also lose a bet) any ideas?

@AARONCARTER7 No one should worry Im like Mohammed Ali I will succeed I will reach the top no matter what da haters say! Keep hating it keeps me motivated

@paolocoelho Tony Blair deserves Hague, not Rio. Governor Sergio Cabral, please don't do that. I was in Copenhagen for athletes, not for murderers.

@OfficialTila I dont know the sex of my child yet but I hope its a boy! Cuz if its a girl shes gonna be HELLA FINE & ALL the guys will be on her! headache Damon.

METRO WORLD NEWS

A healthy appetite

AND A HIGHLY ACTIVE METABOLISM, RIGHT? Nicole Richie still takes issues with reports from several years ago that claimed she was anorexic after the Simple Life star dropped a considerable amount of weight quickly in 2006.

"I felt it was a little unfair to say someone has an eating disorder when they don't," she tells Marie Clare magazine. "It's extremely insulting and irresponsible. An eating disorder is serious and it's a disease."

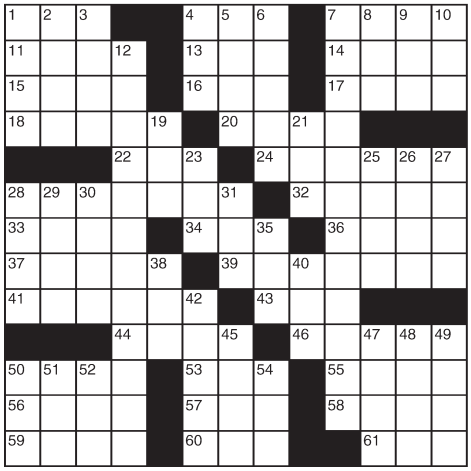
METRO WORLD NEWS

ON YOUR MARK ...
GET SET ... BLOG!
In the heart of all the action, Metro-Blenz News Squad bloggers will record and post your stories, anecdotes and experiences. Share with us the great parties you've attended, the cool people you've met and the once in a lifetime experiences you've had.
Simply visit www.metronews.ca/newssquad to learn how you can participate.
BLENZ COFFEE
metro
metronews.ca/newssquad

The Weather Network ©The Weather Network 2010
Today Showers 40% 9°/5°
Tuesday Showers 90% 9°/6°
Wednesday Rain 90% 7°/5°
You have voted us #1 for best forecasts on TV. Thank you Canada!

For more delicious Metro recipes, visit: **metronews.ca/food**

Take Five



ACROSS

1 Sheepish remark
4 Springtime mo.
7 Reed instrument
11 Lisa, ex of "The View"
13 H1N1, for example
14 Tarzan's transport
15 Smell
16 Spinning toy
17 Paradise
18 Hiawatha's craft
20 Have on
22 Actress Merkel
24 Poor substitute
28 Baby sitter, often
32 Actress Sevigny
33 Fat
34 Sort
36 Competent
37 Pruritic
39 Summer footwear
41 Advantage
43 As well
44 Sea bird
46 Spin
50 Start a garden
53 Melody
55 Reverberate
56 Entreaty
57 Possibly will
58 Serves the purpose
59 Partner in crime
60 Before
61 Singer — "King" Cole

DOWN

1 United nations
2 Verdi opera
3 In due time
4 Sternward
5 Clear the streets of snow
6 Money of India
7 Was more important than
8 Auction action
9 Inseparable
10 Still, in verse
12 February 2nd
19 Conclu-sion
21 Joan of —
23 Parisian pal
25 Actress Jessica
26 Highway payment
27 Zorro's marks
28 Smooth-talking
29 Assess
30 — enemy
31 Capp and Capone
35 "Krazy —"
38 Thee
40 "... or — to be"
42 Lighter output
45 Storyteller
47 PC picture
48 Comedian Caroline
49 Missing
50 Hot tub
51 Right angle
52 Slithery fish
54 "Catcher in the —"

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

			4			2		
6		7		8			4	
1			7			5		
		1		9	7			3
	9						2	
8			5	6		1		
		5			1			8
	1			7		3		9
		9			4			

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

C	O	R	E	R		P	T	A		P	O	P
A	R	O	M	A		E	R	G		A	V	E
B	R	A	I	N		B	O	A	S	T	E	R
		S	T	U	B	B	Y		O	I	N	K
E	F	T		P	A	L		C	R	O	S	S
B	E	E	F		K	E	B	A	B			
B	E	R	A	T	E		A	V	E	R	S	E
			M	A	R	T	S		T	O	U	R
T	A	L	O	N		W	I	N		O	N	E
U	R	D	U		R	E	C	E	S	S		
B	O	O	S	T	E	R		V	O	T	E	S
A	S	P		U	M	P		E	L	E	M	I
S	E	A		B	O	S		R	E	R	U	N

3	5	9	8	1	4	2	6	7
7	8	4	3	2	6	9	1	5
1	2	6	7	9	5	4	3	8
6	9	7	1	4	8	5	2	3
2	4	5	9	6	3	7	8	1
8	1	3	5	7	2	6	9	4
4	7	2	6	8	1	3	5	9
9	3	8	2	5	7	1	4	6
5	6	1	4	3	9	8	7	2

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca

Metro Recipe of the Day

Aromatic Chicken and Vegetable Steamboat

INGREDIENTS:

1 lb (500 g) skinless boneless chicken breasts, thin strips
1/2 tsp (2 mL) five-spice powder
2 tbsp (25 mL) soy sauce
1 1/4-in. (3-cm) piece fresh ginger, peeled and chopped
1 celery stick, sliced
1 garlic clove, sliced
1 strip lemon peel
6 cups (1.5 L) chicken stock
1 red pepper, chunks
1/2 lb (250 g) baby corn
7 oz (200 g) broccoli florets
2 scallions, thinly sliced
1/2 lb (250 g) rice noodles
1/2 lb (250 g) bok choy, quartered lengthwise

METHOD:

1. Put chicken into bowl. Add five-spice powder and soy sauce, and mix well. Set aside.
2. Put ginger into pot with celery, garlic, lemon peel and stock. Boil, then reduce heat. Cover and simmer 5 minutes.
3. Add chicken to stock, then add red pepper, corn and broccoli. Bring back to boil and simmer until chicken is cooked and vegetables are barely tender.
4. Add scallions and noodles; stir, then bring back to boil. Lay bok choy over top and simmer or until bok choy leaves are wilted and noodles are cooked.
5. ladle cooked ingredients into bowls with broth.

SERVES 4

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For nutritional information on this and other great recipes, go to **rd.ca** or check out **Key Ingredients in this month's Reader's Digest, on newsstands now!**

Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES
MARCH 21-APRIL 20
Someone you meet out there in the big wide world will become an important person in your life over the next few months.

TAURUS
APRIL 21-MAY 21
Something you hear will make you feel a lot better about your money situation today. It will also make you realize how silly it is to fear the worst.

GEMINI
MAY 22-JUNE 21
You will be inspired to try again at something you have almost but not quite given up on. You have what it takes to be a winner.

CANCER
JUNE 22-JULY 22
You will receive some news from a close friend or relative today that puts a more positive slant on something you have been worrying about.

LEO
JULY 23-AUG 23
Do you believe in yourself? You should, because if you believe in yourself then all things are possible. Fame and fortune await you.

VIRGO
AUG 24-SEPT 22
Don't bother trying to predict how someone is going to act because you are on completely different wavelengths.

LIBRA
SEPT 23-OCT 23
The Sun in your fellow Air sign of Aquarius means you are sending out a lot of highly positive signals at the moment.

SCORPIO
OCT 24-NOV 22
Good news about your money situation will arrive out of the blue but you may not see it as good news if you are in one of your more negative moods.

SAGITTARIUS
NOV 23-DEC 21
It will pay you to listen to what friends and colleagues have to tell you today, even if what they say is not what you were hoping to hear.

CAPRICORN
DEC 22-JAN 20
Get the week off to a flying start. Even those who know you best will think you have taken leave of your senses but they could not be more wrong.

AQUARIUS
JAN 21-FEB 18
You have an ability to see things that other people miss, things that can be turned to your advantage.

PISCES
FEB 19-MARCH 20
You will receive news that does not exactly delight you today, but if you face up to it and deal with it properly it won't bother you again.

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